

# PREPARE/ENRICH COUPLES WORKSHOP



## Join Us For A Better Relationship

Have you been looking for a better way to communicate and become closer?

Prepare/Enrich leads the way in helping couples understand, strengthen and improve their relationships. The goal of this highly effective program is to build stronger couple relationships and marriages.

The main component of this program is an online survey followed by 5 weekly sessions with private couple exercises and group discussions.

Have fun, discover your strength as a couple and get better connected with each other.

Register Today :[ellen@ellenschrier.com](mailto:ellen@ellenschrier.com)  
Or Call Ellen: 215-593-9167

## What You'll Gain

- ~ Increase skills in communication, conflict resolution, closeness and flexibility
- ~ Celebrate strengths
- ~ Identify growth areas
- ~ Increase understanding of relationship issues

### Classes forming in September 2016

**Where:** Park Center and Wellness  
208 North Easton Road  
Willow Grove, PA 19090

**Time:** Mondays 7-8:30 pm

**Fee:** \$180 for 5 sessions including online assessment

**Other:** Parking available directly behind Park Center. Additional parking on Center Road.